

Intermediate Examples

- [Simulation-Based Design to Prevent Ankle Injuries](#)
- [Simulation-Based Design to Reduce Metabolic Cost](#)
- [The Strength of Simulation: Estimating Leg Muscle Forces in Stance and Swing](#)
- [Working with Static Optimization](#)
- [Example - Computed Muscle Control](#)
- [Example - Estimating Joint Reaction Loads](#)