Welcome to the OpenSim User's Guide!
To begin learning more about how to use the OpenSim software, step through the pages in this user guide. The chapters are listed below.

Or if you know what you would like to read about, use the search bar in the top right to expedite the process.

Chapters of the User's Guide

- Introducing OpenSim
- Installation Guide
- Graphical User Interface
- Loading and Saving Models and Motions
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- Overview of the OpenSim Workflow
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- Inverse Kinematics
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