

## Inverse Dynamics

OpenSim Workshop

## Key Concepts

- Kinematics: coordinates and their velocities and accelerations
- Kinetics: forces and torques
- Dynamics: equations of motion


## Kinematics: Coordinates and

## their Velocities and Accelerations

- Coordinate
- Joint angle or distance specifying relative orientation or location of two body segments
- Coordinate velocity
- Derivative (rate of change) of a coordinate with respect to time
- Coordinate acceleration
- Time derivative of a coordinate velocity with respect to time
- Kinematics
- Set of all coordinates and their velocities and accelerations



## Kinetics: Forces and Torques

- Kinetics
- Forces and torques cause the model to accelerate
- Force
- Applied to points (e.g., ground reactions) or between points (e.g., muscles)
- Torque
- Applied to a coordinate (e.g., joint torque)



## Dynamics: Equations of Motion



## ID: Summary



## Exercise

1. For the model shown on the right, what is the value ( $\boldsymbol{\theta}$ ) of the knee coordinate (Note: extension is +)?
```
A. 23.6
B. }-54.\mp@subsup{9}{}{\circ
C. 31.3
D. -125.1 
```



## Exercise

2. Given that the model shown on the right is at rest, what is the velocity of the knee?
A. $23.6^{\circ} / \mathrm{s}$
B. $-54.9^{\circ} / \mathrm{s}$
C. $3.89^{\circ} / \mathrm{s}$
D. $0^{\circ} / \mathrm{s}$


## Exercise

3. For the model poses shown below at rest and with gravity (g) as the only force acting on the model, which pose requires the largest torque at the knee joint ?
A.


## The Inverse Problem



## The Inverse Problem



## The Inverse Problem



## The Inverse Problem



Video Cameras
Reflective Markers


## The Inverse Problem



## Differentiation Amplifies High-Frequency Noise

1 Hz signal 10 Hz noise


## The Inverse Problem



Identified research question
Inverse for the inverse problem
$\checkmark$ Determined what should be measured and modeled
$\checkmark$ Computed joint kinematics
$\checkmark$ Filtered and differentiated joint kinematics data


## A Possible Inverse Dynamics Question

Experimental set-up
What are the sagittal plane moments about the ankle, knee, and hip during a maximum height jump?


## Inverse Dynamics Input: The Experimental Results

Experiments provide

- joint angles
- angular velocities
- ground reaction forces




## Inverse Dynamics Equations: Multibody Dynamics

- Planar 3 degrees of freedom
- Position (orientation) in global coordinate system
- Segment length $=l_{i}$
- Distance to mass center $=r_{i}$
- Moments of inertia about mass center
- Foot has no mass and remains on ground



## Inverse Dynamics Equations: Multibody

## Dynamics

Solved algebraically from the ground up

Segment i

Segment i-1

$$
\begin{array}{lr}
x, \dot{x}, \ddot{x} & \Sigma F_{x}=m \ddot{x} \\
y, \dot{y}, \ddot{y} \Rightarrow \Sigma F_{y}=m \ddot{y} \\
\theta, \dot{\theta}, \ddot{\theta} & \Sigma T=I \ddot{\theta}
\end{array}
$$



Joint Moments that generate the motion


## Inverse Dynamics Output: Net Joint Moments



## The Inverse Problem



## Inverse Dynamics



Associated motion: subject02__unning__RRA_states to model: RRA_adjusted

## TIPS \& TRICKS

Filter your raw coordinate data
Make sure GRFs were applied correctly and check residuals on the body connected to ground

## Compare to previous literature data (if available)

